

Gynecology. Women's Health.

Date: _____

Name: _____ Age: _____ Height: _____ Weight: _____

Reason for Visit: _____

Gynecological and Obstetrical History: Last Pap / Gynecological exam: _____

| Vaginal Delivery/ Cesarean section/ pregnancy loss or termination (circle one) | Year | Issues/ concerns (if relevant or wish to discuss) Example: fertility concerns, complications, etc. |
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Current menstrual cycle: _____ Date of the first day of the last menstrual period (LMP): _____

Cycle: **regular** (every ____ days) / **irregular** (every ____ to ____ days) / **cycle stopped/ Menopause?** _____

Flow: How long? _____ days: spotting / light ____ d, medium ____ d, heavy ____ d, continuous flow/clots ____ days

pads/ tampons used on heaviest day _____ Menstrual pain/ cramps? _____ before/during/after

Pelvic / vaginal pain? _____ Only during intercourse? _____

Current contraception: condoms/ Pill (name) _____ /IUD (copper/hormonal), vasectomy, none

Menopausal symptoms? Have you tried any treatment for these previously? _____

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|-------------------------|-----------------------|----------------------|-----------------------|
| Vaginal dryness | Pain with intercourse | Bladder incontinence | Vaginal pressure |
| Hot flashes: _____ /day | Night sweats | Sleep disturbance | Memory/ concentration |

Smoker? Y / N / Quit _____ Alcohol/ drugs? _____ Family Med. History: _____

Other concerns? _____

| Medical Conditions/ History: | Previous Surgeries: |
|------------------------------|----------------------|
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| | Current Medications: |
| | |
| Allergies: | |
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